

The Latest News, Safety Tips & More December 2020 Edition

Baby It's Cold Outside!

Even though you may not hear this old classic from 1944 too much anymore, the fact is, it is getting cold out there! Your safety is a top priority so make sure vou are geared up before you head out! Pack some clothes. blankets. extra bottled water, and food. Don't forget a flashlight and any other item that can help you out in a pinch. Weather conditions change in the blink of an eye. Watch the weather and expect the unexpected.



Medallion Transport Holdings extends warm and sincere wishes to each of you this holiday season. This past year has undoubtedly been a challenge for the entire world, and one we hope never to face again to this extent. Everyone at Medallion admires your perseverance through these tough times and we cannot say thank you enough. We hope that you take some much-deserved time off to surround yourselves with family and friends throughout this month. May your holidays be filled with warmth, love, and laughter.

Happy Holidays from us to you!

Did You Know?

When we think December, we inevitably think about all the traditional holidays like Christmas, Hanukkah, Kwanzaa and even Festivus – but did you know these December fun facts?

*Walter Elias "Walt" Disney was born in Hermosa, Illinois on Dec. 5, 1901.

*On Dec. 17, 1903, Orville and Wilbur Wright ushered in the era of flight and soared into history forever changing the way we travel.

*On Dec.19, 1732 Poor Richard's Almanack was first published. (Poor Richard was a persona created by Benjamin Franklin.)



Recognize the Signs and Manage Fatigue

Accumulated fatigue reduces the ability to concentrate, affects judgment and reflexes, thus the ability to drive safe. Know the signs and what to do! Inadequate or poor sleep can have adverse effects on your overall health.

Signs of fatigue can include slower reaction times, burning eyes, trouble keeping your eyes open, finding a comfortable position in your seat, maintaining a steady speed and concentration – maybe missing an exit. Combat the first signs! Pull over to a safe location and take a 15- to 30- minute power nap. Get out and stretch your legs and just rest for a bit! It's impossible to just "decide" to be less tired. The only solution is rest! **#Safetyfirst!**

Ease Up on That Pedal

There is no need for speed when it comes to truckin' safely. Plain and simple. We have started monitoring speeds and will reach out when necessary. This isn't to penalize, it's to help make you aware and keep your professional accreditation in top notch. You are the best of the best, the professional.

Safe Travel Reminder – Stay Alert!

While families are planning their holiday travels, thieves are also planning their next attack. Protect yourselves and all cargo. Park in well lit areas, only drop at approved, safe locations and keep an eye out for following vehicles. Stay safe out there!

Black Ice – Tis The Season to Watch Out!

It would be nice if signs could pop up and warn you of black ice, right? As professional drivers you know this occurrence is sneaky.



Take EXTRA precautions this season. Slow down, keep your distance and pay close attention to the road surfaces. Safety is priority! Drive Safe!!







Your Fuel Discounts Really Add Up – Check It Out! By using your Com Data card at TA/Petro and Pilot/Flying J Travel Centers your average fuel discount in November was "\$0.35"!

Stay Safe Out There!

Stay Connected!